



Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Mains</b>	<b>MEAT FREE MONDAY</b> French bread pizza with garlic bread and coleslaw GD	Chicken Balti with rice and naan bread G	<b>ROAST DINNER</b> Roast beef dinner mash potatoes and Yorkshire pudding GDE	Sausage whirl with potato wedges and beans	<b>FISHY FRIDAY</b> Classic Fish and Chips with tomato sauce
<b>Vegetarian Option</b>	Tomato and mascarpone pasta with garlic bread GDE	Quorn Balti Curry served with Basmati Rice and naan GD	Quorn roast dinner with mash potatoes and Yorkshire pudding GDE	Cheese whirls with potato wedges and beans	Fishless fingers and Chips with tomato sauce
<b>Vegetable</b>	<b>Green beans</b>	<b>Carrots</b>	<b>Mixed vegetables</b>	<b>Sweetcorn</b>	<b>Garden Peas</b>
<b>Jacket Potato Choice</b>	Jacket Potato with cheese or Beans, D	Jacket potato with cheese beans or tuna DEF	Jacket Potato with cheese or Beans D	Jacket potato with cheese beans or tuna DEF	Jacket Potato with cheese or Beans,
<b>Salad and Fruit Bar</b>	Deli Counter and fruit  Freshly Baked Bread	Deli Counter and fruit  Freshly Baked Bread	Deli Counter and fruit  Freshly Baked Bread	Deli Counter and fruit  Freshly Baked Bread	Deli Counter and fruit  Freshly Baked Bread
<b>Dessert</b>	Ice cream pots With fruit D	Flapjacks plain/cherry G	Choc chip cookies	Apple sponge with custard	Cheese and crackers